



## Code of Conduct

First and foremost, we as a gym and as coaches are invested in your child as a whole person, not just as a student of ours. We stress that school is the first priority before any involvement at Thrive. We also strive to be a safe place where students can share struggles and get support from their friends and coaches.

Second, we are committed to maintaining a positive philosophy in all that we do with your children at Thrive; this includes using experiences at Thrive to build strength, confidence, resilience and self respect in your child. We hope that just as it does in practice, this comes in many forms through the Thrive Ambassadors program.

Third, we have always strived to create a community that supports each other and provides each of our students with a sense of belonging and camaraderie. We want our children to know that whatever happens in life, they will always belong in our gym. Our goal is to create a sense of family and togetherness where our students lift each other up, talk to each other through the tough moments and celebrate each other's success. We hope that your child is able to experience this through the Thrive Ambassadors Program.

### 1. Meeting Attendance

I understand that I am expected to be present at a minimum of 10 out of the 12 monthly meetings, with the exception of emergencies and illness. If I need to miss a meeting for any reason, I will let my program coordinators know of my absence with ample notice, with the exception of emergency or illness. I understand that tardiness is discouraged, unless previously discussed with my program coordinators prior to the meeting for which I will be tardy.

### 2. Event/Volunteer Day Attendance

I understand that I am expected to be present at the majority of events planned by the Thrive Ambassadors. The intention of this program is for every ambassador to be actively involved in the planning of each annual event; given such, it is my responsibility to let my program coordinators know about my absence with ample notice, with the exception of emergency or illness.

### 3. Technology Policy

I understand that cell phone use for anything other than necessary communication with parents, guardians, the person providing me with transportation to and from a meeting/event, etc., is prohibited during monthly meetings and events. I will be present and engaged during all meetings and events and show respect by limiting my cell phone use; my program coordinators will do the same.

### 4. Drug & Alcohol Policy

I will not use drugs, cigarettes or alcohol and I will not allow myself to be in the company of minors who do. I understand that any violation to this rule can lead to an indefinite suspension from the program, decided on by the program coordinators.



**5. Social Media Policy**

I will make sure that my Facebook, Twitter, text messages, Instagram and other social media reflect my commitment to being a responsible member of the program and the community.

**6. Respect For Your Peers**

I will show respect to my peers and fellow program members. I will do this by listening when they speak, respecting their opinions, using positive language, and staying engaged with the program in an authentic way. I understand that eye rolling, bad attitudes, and unkind words or actions will not be tolerated. I understand that being open to forming new friendships is an important component of this program.

**7. Respect For Your Program Coordinators**

I will show respect to my program coordinators. I will do this by listening when they speak, doing what they ask of me, using positive language, and staying engaged with the program in an authentic way. I understand that eye rolling, bad attitudes, and unkind words will not be tolerated.

**8. Program Values**

I will uphold the core values of this program: leadership, integrity, and service.

**9. Communication Policy**

The communication policy of the program will be taken seriously by all students, parents, and program coordinators. The policy is as follows:

- I understand that it is my responsibility to check my Gmail address and any other platforms through which program communication is handled daily.
- I will only communicate with program facilitators regarding Thrive Ambassadors between the hours of 9 AM - 8 PM, unless it is an emergency; my program coordinators will do the same.
- Electronic communication between program coordinators and students will be informational in nature, not social.
- In the event that a student needs to communicate directly with a program coordinator, or vice versa, at least one other program coordinator or parent **must** be copied on the communication.
- Parents are encouraged to monitor any and all electronic communications to their level of comfort.